

CYCLE STUDIO

EFFECTIVE DATE: JAN 4TH 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SPIN 6:00-6:45 FRANK		SPIN 6:00-6:545 ROBERTO			MORNING SCHEDULE	
			SPIN 9:30-10:15 RACHEL		SPIN 8:30-9:30 RAJ	
					AFTERNOON SCHEDULE	
SPIN 5:45-6:45 DAN	SPIN 6:00-7:00 STACY	SPIN 5:45-6:45 MARK			EVENING SCHEDULE	
					CLASSES AND INSTRUCTORS ARE SUBJECT TO CHANGE.	